

Basic Moves™

1-800-226-0198

ADULT SIZE CHART

SIZE	CHEST	WAIST	HIP	GIRTH	INSEAM
XS	29" - 31"	21" - 23"	30" - 32"	52" - 54"	31"
S	31" - 33"	24" - 26"	33" - 35"	55" - 57"	31 1/2"
M	33" - 35"	27" - 29"	36" - 38"	58" - 60"	32"
L	35" - 37"	30" - 32"	39" - 41"	61" - 63"	32 1/2"
XL (1X)	37" - 39"	33" - 35"	42" - 44"	64" - 65"	33"
2X	39" - 43"	35" - 39"	44" - 48"	65" - 67"	33 1/2"
3X	43" - 47"	39" - 43"	48" - 52"	67" - 69"	34"

YOUTH SIZE CHART

SIZE	CHEST	WAIST	HIP	GIRTH	INSEAM
2/3	18" - 20"	17" - 20"	19" - 22"	37" - 39"	21" - 22"
4/5	21" - 23"	19" - 22"	21" - 24"	40" - 42"	22" - 23"
6/7	22" - 24"	21" - 24"	24" - 27"	43" - 45"	23" - 24"
8/10	25" - 27"	23" - 26"	26" - 29"	46" - 48"	25" - 26"
12/14	28" - 30"	25" - 28"	28" - 31"	49" - 50"	27" - 29"